

# Casemate

**Spotlight**  
Event

## Fall Cleanup

Have you started planning your office or home project yet? The Casemate offers helpful tips.

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Vol. 27, No. 22

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October 28, 2005

## What's Inside



### Pfc. 'Mom'

A year ago, she was classified as "too old" for the Army. Now she's an honor graduate of basic combat training.

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## Community Notice

### Garrison HQs hosts town hall meeting

The garrison commander, Col. Jason T. Evans, will host a community town hall meeting at 6 p.m., Nov. 7 at the Fort Monroe Theater. Representatives from key staff agencies will be on hand to provide information about current and future programs and other information community members should know. A question and answer session is also scheduled toward the end of the event.



Contributed Photo by Anthony Lee

**Fort Monroe employee David Lee embraces his Native American heritage through traditional tribal wear and participation in local pow wows. Lee has traced his ancestry to Tahlequah, Okla., the Capitol of the Cherokee Nation, and the Trail of Tears. To learn more about his adventures and the activities Fort Monroe has planned for Native American Heritage Month, see Page 10.**

## Post programs earn Army acclaim

**BY PATRICIA RADCLIFFE**  
CASEMATE STAFF WRITER

Two Morale, Welfare and Recreation Division programs at Fort Monroe have been presented top Army titles for their quantity and quality of service.

Both the fitness center and outdoor recreation wrangled "Program of the Year" awards during an Oct. 17 Army Recreation Training Conference in San Antonio, Texas. The two facilities competed in the "small installation" division.

The awards were presented to Paul Heilman, post MWR director, by Col. Charles J. Sniffin, Deputy Commander of the U.S. Army Community and Family Support Command. Only 12 individual and 27 program awards are presented to the Army's community recreation programs and team members annually, according to [www.armymwr.org](http://www.armymwr.org).

Selection for "Program of the Year" is based on several criteria, the Web

site also noted. Among them are activity types and number, employees' credentials and awards, and customer ratings.

"They are good," Heilman said of the two programs' employees. "Their standards are really high for customer service. Also, for a small installation, we have a lot of activities going on."

Heilman praised the fitness center team for their attitude and commitment toward doing a commendable job.

**"Service is very good; they actively engage the customers. And they listen to what customers want and try to develop programs that are geared toward their needs."**

**Paul Heilman**  
DIRECTOR OF FORT MONROE MWR

"I think they're true professionals in recreation, and they enjoy their jobs – you can tell by the way they take care of the fitness center. When you go there, you can see that it's well maintained. Service is very good; they actively engage the customers. And they listen to what customers want and try to develop programs that are geared toward their needs."

He also commended the fitness center staff for its active role in daily classes and ability to entice a regular clientele. "There is always activity going on there whether it's working out or getting refreshments at (Fit-side Perk)," he said.

Outdoor recreation's three-person staff is every bit as busy, Heilman noted. And the customer only sees part of their regular contributions to the installation.

"Outdoor recreation is involved in a lot of different areas. They set up canopies for all major events going on

**See AWARDS, Page 4**

Ethics Training, Nov. 1, 1 p.m., Fort Monroe Theater. The post goal is 100 percent completion by the end of November.



The activities that can most help us spiritually are usually some of the most enjoyable things we do.

## A simple matter of ... bowling?

I don't think bowling will solve all the world's problems, but, like chicken soup, it couldn't hurt.

My son, Don, asked me to take him bowling Saturday night. We went. We laughed. He beat me the first game, but I regained my pride in the second match.

There's something about laughing together and a little friendly competition that makes for a good evening. And time spent with family can make it especially pleasant.

While we were bowling, a chapel family came in for a birthday party. After I finished bowling I went over and chatted with the guest of honor and the family. There were also family members from out-of-state joining in the celebration.

Later, as I thought about the evening, I realized that we were all improving our

### Chaplain's Corner



**Maj. Jerald Jacobs**  
Post Chaplain's Office

spiritual fitness. It looked like we were just having fun with our families, but we were doing more. We were strengthening individuals, families, the Army, the nation and, maybe, the world.

I suspect that none of us went to the Fort Monroe

Bowling Center for the purpose of spiritual or even physical fitness. We went to have fun. We did have fun.

I wasn't thinking, "What can I do that will help me improve my spirit? How will this activity with Don strengthen us both?" I was just looking forward to bowling a few games.

Maybe bowling *can* solve some of the world's problems ...

The activities that can most help us spiritually are usually some of the most enjoyable things we do. That's in part because we're not thinking about working on our relationships or focusing on something or someone other than ourselves. We're just looking forward to an activity we enjoy.

We anticipate pleasure. That gives us hope. Hope is a stretching exercise for the soul.

Hope looks beyond those

things we're feeling right now and whatever's going on in our lives right now to a time when we're feeling just a little better and we've spent some time away from all the "stuff" going on in our lives. It says, "There is a tomorrow, and it can be better than today."

When we've stretched, we can start warming up with some easy exercise, like chatting with the people we care about — just seeing how things are in their world, what they're doing, what they're interested in, etc.

While we're doing that, we're reinforcing the light exercise with the fun activity (it's almost an afterthought or an aside to the relationship-building). Before we know it, we look around and we're having fun. That makes us want to do it all again.

We come away from our spiritual fitness exercise

feeling better, blessed and beloved. We know that we've strengthened our relationship with someone we care about, we've had an enjoyable experience together, and we feel good about ourselves because we've taken the time and expended the energy to be present for someone special to us.

We can improve our spiritual fitness in any of our relationships: faith, family, professional and social.

Take the time to be there for (and with) someone who matters to you. Do something you both enjoy. Indulge in some idle chit-chat. Laugh. Compete. Cooperate on a project. Share yourself.

You'll build a stronger relationship, a stronger you, a stronger family, a stronger unit — a better Army, nation and world.

Not a bad payoff for having a little fun.

God bless you.

Non-working smoke alarms rob residents of the protective benefits home fire safety devices were designed to provide.

## Change your clock, change your battery

Daylight Savings Time comes to an end on Sunday, and the Fort Monroe Fire Department would like to remind everyone that it's also *time* to make another important "change" ... one that could save lives.

It's time to replace the batteries in your smoke alarms.

Communities nationwide witness tragic home fire deaths each year. According to the International Association of Fire Chiefs, an average of three children per day die in home fires and 80 percent of those occur in homes without working smoke alarms.

Non-working smoke alarms rob residents of the protective benefits home

### Community Spotlight

**Shirley McCollough**

Fort Monroe Fire Department

fire safety devices were designed to provide. The most commonly cited cause of non-working smoke alarms: worn or missing batteries.

Changing smoke alarm batteries at least once a year is one of the simplest, most effective ways to reduce these tragic deaths and injuries. In fact, working smoke alarms nearly cut in half the risk of dying in a home fire.

Additionally, the International Association of Fire Chiefs recommends replacing your smoke alarms

every ten years.

Tragically, fire can kill selectively. Those most at risk include:

**Children** — Approximately 1,000 children under the age of 20 die each year in home fires. Children under age five are at twice the risk of dying in a home fire. Eighty percent of fatal home fire victims who were children were killed in homes without working smoke alarms.

**Seniors** — Adults over age 75 are three times more likely to die in home fires than the rest of the population; those over 85 are 4.5 times more likely to die in a home fire. Many seniors are unable to escape quickly.

Those unable to afford batteries or forced to rely on poorly installed, misused

portable or area heating equipment are also at risk.

Statistics show that the peak time for home fatalities is between 10 p.m. and 6 a.m. when most families are sleeping. When smoke detectors are properly maintained, they allow much needed, extra time for high-risk occupants — such as children and seniors — to evacuate to safety.

The Fire Prevention office suggests that the "extra" hour that is saved

from the time change be used to test smoke detectors by pushing the test button, planning two ways out and practicing escape routes with the entire family. Families should also prepare a fire safety kit that includes working flashlights and fresh batteries.

For more information contact the Post Fire Prevention Office at 788-4011.

Don't forget ... change your clock check your battery!

### Correction

The Oct. 14 Casemate article about 233rd MP Detachment pepper-spray training contained an error in the type of solution that was used during the exercise. The MPs were sprayed with a 10 percent solution of "capsinoid" — the amount approved by the Inter-Service Nonlethal Weapons Instructor Course. Higher concentrations are prohibited by DoD regulation.

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## Casemate

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# Monroe major earns Army award for busy Iraq rebuilding program

BY PATRICK BUFFETT  
CASEMATE STAFF WRITER

A Fort Monroe major was honored at an Arlington, Va., ceremony earlier this month for his contributions to community rebuilding projects in Iraq.

Maj. Robert W. Shelton, chief of staff for the Northern Region's Army Contracting Agency, was presented the Secretary of the Army Excellence in Contracting Award for superior service during a contingency operation. The major was part of a team that arranged more than 2,000 reconstruction projects, at a cost of nearly \$100 million, across south central Iraq between September 2003 and May 2004.

"Schools, clinics, banks, government buildings, electricity and water ... the list goes on and on. If the tribal leaders described a genuine need, we tried to help them build it," Shelton said. While in Iraq, he was the director of contracting for the Coalition Provisional Authority South Central (CPA-SC), Regional Contracting Office (RCO).

"At the time, it was the largest RCO in Iraq with an area of responsibility that covers about half the country's land mass and includes six provinces, which are occupied by nearly 12 million Iraqis," the major said.

But the size of the operation was the least of his worries throughout the deployment, he said. He was in a country where corrupt business practices had been condoned by a greedy, dictatorial government for decades. Opposition forces also frowned upon westerners poking their noses into Iraqi business, and



**Maj. Robert W. Shelton (second from right), chief of staff for the Northern Region's Army Contracting Agency, accepts the Secretary of the Army Excellence in Contracting Award from Army Acquisition Executive, Claude M. Bolton, Jr., Oct. 2 in Alexandria Va. Lt. Gen. Joseph L. Yakovac, Jr. (left), military deputy to the Assistant Secretary of the Army for Acquisition, Logistics and Technology, and Tina Ballard, Deputy Assistant Secretary of the Army for Policy and Procurement, were also on hand for the presentation.**

this large "backyard" included hot spots like Fallujah, Karbala, Wasit and Najaf.

A portion of Shelton's award nomination reads as follows: "Maj. Shelton's personal work ethic inspired him to forego personal comforts; enduring hardships and extreme danger to move about the region to provide hands-on contracting support. In April 2004, when the cleric Moqtada Al-Sadr's Mahdi Army invaded and took over several cities including Najaf, Karbala and Wasit, (he) prevailed over many obstacles and peril to continue contracting operations to meet the emergency needs of the Governance Coordinators."

During his time in Iraq, the nomination also noted, three project managers with the CPA-SC were

killed by hostile fire at close range. In addition, several other coalition team members were wounded during the reconstruction effort.

"Security was definitely a concern," Shelton said. "I remember numerous occasions when we were out there on our own in a pair of brand new SUV's that pretty much screamed coalition forces. And there were plenty of incidents in the area to remind us that the opposition was all around us; but we dealt with it and did the job we were sent there to do to the best of our abilities."

To successfully accomplish his mission, Shelton first had to introduce the basics of American contracting to a wide range of Iraqi citizens – from the common laborer to tribal leaders and sheiks.

"There was no shortage of 'businessmen' who wanted to be part of the rebuilding process," the major noted. "Our problem was identifying those who actually had a background in that sort of work. Many had literally been teachers, taxi cab drivers or shopkeepers as early as the day before, but they were introducing themselves as engineers or proprietors of construction companies."

"We also made it clear up front that price gouging would not be accepted," Shelton added. "That was quite a shock to some, because they had been allowed to do business that way for years."

The importance of the fair business practices Shelton helped achieve in Iraq was described in the award nomination as follows: "(He) was able to teach and instill a basic code of ethics to many of the local business leaders. Through his efforts, bribery and corruption were significantly reduced. ... The business partnerships and trust relationships Maj. Shelton built, where such western business relationships had not existed for decades, clearly supports the U.S. Government's commitment in Iraq ..."

Shelton had created a reconstruction "monster" that easily consumed every waking hour. For eight months solid, he contributed 12- to 16-hour days. There were no breaks for Thanksgiving, Christmas or the New Year.

Initially, the region spent U.S. dollars hoarded by the Hussein regime, and the RCO awarded 98 percent of all contracts to local small businesses. One award –

**See SHELTON, Page 4**

## Post program wins top environmental awards

BY PATRICK BUFFETT  
CASEMATE STAFF WRITER

The national "Keep America Beautiful" community improvement network and the regional "Business for the Bay" organization have each presented top awards to Fort Monroe's environmental program.

The post earned first place in the category of waste reduction from "Keep America Beautiful," the non-profit group launched in 1953 to encourage greater community involvement in the country's environmental issues. Dozens of federal facilities across the nation were in the running for that award.

"Business for the Bay" named Monroe as its outstanding government facility award recipient, also in the waste reduction category. The organization is comprised of forward-looking businesses, industries, government facilities and other organizations within the Chesapeake Bay watershed, which extends into six states from Virginia to New York. Each member is committed to the implementation of pollution prevention measures to reduce the release of chemical contaminants and other wastes into the Chesapeake.

"Both awards were won largely because of Fort Monroe's facility reduction program that emphasizes deconstruction rather than demolition," said Peter Van Dyke, post recycling program manager. "Deconstruction has saved thousands of tons of debris from local landfills over the last two years."

Van Dyke explained that deconstruction is the careful disassembly of buildings to recover reusable and recyclable items such as doors, windows, bricks, porcelain, fixtures, concrete and woodwork. During the latter half of FY04, a major building removal project here produced an estimated 3,500 tons of material and roughly 76 percent was diverted from local landfills through reuse and recycling. Over the past fiscal year, the removal of a large portion of Wherry Housing produced an equivalent amount of debris and the diversion rate was nearly 66 percent.

"Even if you don't consider the fact that area landfills are quickly running out of room, you're looking at enormous cost savings for the post and, ultimately, the taxpayer," Van Dyke said. "Over the past fiscal year, dumping fees ranged from somewhere around \$27 to \$45 a ton and

those costs will continue to rise. That makes deconstruction and reuse and recycling a pretty important commodity."

The two awards are also a reflection of the community's willingness to participate in the recycling program, Van Dyke noted. "Outside of the deconstruction program, Monroe has a dynamic recycling program in place for both the residents and administrative buildings."

"Without the excellent recycling participation levels of post employees and families, there would be no award," he said. "The hard work of the DPW recycling team is another reason for our success. Those three guys pick up a lot of recyclables year in and year out. This is a great example of teamwork across the board."

In October 2004, the Virginia Recycling Association also singled out Fort Monroe as its "Outstanding Government Agency" in the area of solid waste management. Furthermore, the installation is well ahead of the Army-mandated trash diversion rate of 40 percent, which was to be achieved by the end of FY05.

For more information about the recycling program, contact Van Dyke at 788-2444.



# SHELTON Continued from Page 3

arranged by his contracting partner, Eric Bankit – went to a woman-owned small business.

“This is an extraordinarily monumental achievement since, for decades, women could not own a business in Iraq. The award was clearly a lynchpin of the democracy that the U.S. Government is working to install in Iraq. For countless years to come, the Army and the U.S. Government can point to this award as the very infancy of a diverse, all-inclusive economy,” the major’s award nomination touted.

Another accomplishment fondly recalled by Shelton is his work with the village of Barnoon. Its infrastructure and 14,000 residents had been largely ignored by the Hussein regime. Roads were nearly impassable, the water was unsafe to drink and an open sewer ran through much of the village, to include the courtyard of its small school.

Working with tribal leaders, Shelton and Bankit encouraged community involvement. While many of its residents took steps to clean up debris and improve landscaping, they oversaw construction projects totaling \$1 million. They included water treatment, waste management, a health clinic, schools and roads.

“The end result was a definite win for our side,” Shelton said. “Once they realized we were there, ready to roll up our sleeves and help, the whole attitude changed. I think it renewed their sense of community ... they found hope.”

Similar examples can easily be found across Iraq today, Shelton immediately stressed. They’re just not the “newsworthy” part of the war, he noted.

“Where you really see the difference is among the children,” the major said. “Unlike their parents who have dealt with years of oppression and fear, they are experiencing humanity and progress. Day after day, they greet our Soldiers with laughter and friendly curiosity. And 20 or 30 years from now, they’ll be the ones in charge. I think that’s the true impact of our reconstruction efforts.”

Shelton holds a Masters in Business Administration and a Master of Arts in Procurement Management. He is a graduate of the Command and General Staff College.



Photo by Patricia Radcliffe

**Garrison commander Col. Jason T. Evans (center) honored MWR personnel Wednesday by celebrating their recent awards. (Left-right) Ron Finchum, Randall Gaskins, Francis Draudt, Tracey Wigfall, William Washington, Paul Heilman, Ralph Kelly, Mark Mobley, Ben Daniels, Bobbie Hawkins, Sofia Carter and Jeanette Coffman.**

# AWARD Continued from Page 1

throughout the year. They support post-wide events – i.e., organization days, concerts and the (Hampton Cup) regatta. It takes a lot of effort to set up the tents and grills, canoes, kayaks; all those types of things,” Heilman explained. “They also run the picnic shelters and coordinate them throughout the year. They have four storage areas, and the 13-slot campground keeps them very busy.”

Despite an already ambitious schedule, however, Heilman said both activities are very proactive in their search for ways to increase and

improve services to the Fort Monroe Community.

“I think it’s good to be recognized for your efforts, especially through this Army-wide award program in which they compete against their peers. I don’t think they look for recognition, but I think that for them it’s deserved. They impress our customers all the time,” Heilman said.

A Fort Monroe MWR program also shared the Army CFSC limelight last year. The Fortress Frame and Craft Shop was named “best craft shop for a small installation” in 2004.

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AD

# Post pride shines during fall cleanup

Fort Monroe’s upcoming fall cleanup — scheduled for Nov. 14 through 19 — provides an ideal opportunity for you to show pride in your community through hands-on projects in or near offices or military quarters.

In fact, the effort is part of the installation’s ongoing Project Pride program, which gives “personal ownership” of post beautification to the residents and employees, both military and civilian, at Monroe.

Participation in fall cleanup could be something as simple as picking up trash around your quarters or office building, or an all-out team effort to clean windows, sweep sidewalks or clear debris from vacant lots. Projects are only limited by your imagination.

Here are a few ideas that may help you develop projects within your office area or around the community:

**For the exterior**

- ☐ Wash exterior windows.
- ☐ Turn or replace mulch, trim shrubbery, remove weeds and plant fall foliage. Use decorative pots for flowers and plants.
- ☐ Touch up paint where allowed by post regulations.
- ☐ Clean and store patio furniture, umbrellas and children’s summer toys.
- ☐ Drain and store garden hoses.
- ☐ Check gutters and downspouts where allowed by post regulations.
- ☐ Clear debris as necessary.
- ☐ Add fall-themed decorative touches such as wreaths and flags to outside areas w h e r e allowed.
- ☐ Participate in Fort Monroe’s Clean Sweep Walk scheduled for Nov. 15 from 11 a.m. to 1 p.m., starting at the fitness center.

**For the interior**

- ☐ Clean windowsills, window wells and blinds.
- ☐ Vacuum baseboards and corners.
- ☐ Organize distribution areas, desktops and supply cabinets.
- ☐ Vacuum upholstered furniture, or have it professionally cleaned. Move furniture and vacuum beneath and behind it.
- ☐ Wash interior windows.
- ☐ Clear kitchen counters of all appliances not used within the last week.
- ☐ Pull the refrigerator away from the wall and vacuum the coils.
- ☐ Inspect and clean fire extinguishers and other safety equipment.

The Self-Help Store and Directorate of Public Works are available with advice and the supplies necessary to make your projects work.

Hand tools, trash bags, fertilizer, grass seed, and lawn and garden tools are just some of the items available at Self Help. Located in Building T-101, the “store” will be open from 8 a.m. to 4:30 p.m. each day, to include Saturday. For further information, call 788-2563.

DPW will send out its leaf vacuum periodically throughout the week to collect leaves that have been raked to the curb.

Residents with unneeded household chemicals, oils, paints, thinners and other types of

environmentally hazardous materials are asked to bring them to Self Help for proper disposal.

All residents in military quarters on Fort Monroe, and occupants of its administrative buildings, may request mulch deliveries by calling the service order desk at 788-4228 during

the workweek. On Saturday, mulch can be requested from Self Help.

The Fort Monroe Environmental Office is also looking for volunteer help with “spruce-up” projects in post common areas. Those interested should contact Peter VanDyke at 788-2444.

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AD

Visit us online at:  
[www.monroe.army.mil/casemate](http://www.monroe.army.mil/casemate)

The next Fort Monroe Blood Drive is scheduled for Nov. 9 from 9 a.m. to 3 p.m. at the Community Activities Center.

Thanksgiving brunch

Reservations are now being accepted for the Bay Breeze Community Center’s Thanksgiving Brunch, scheduled for Nov. 24 from 11 a.m. to 2 p.m.  
The cost for those who sign up before noon, Nov. 21, is \$18.95 (adults) and \$9 (children 5 to 11). After the sign-up deadline, the cost for adults will be \$21.95. For more information, or reservations, call 788-2406.

Tuskegee Airmen visit

Two members of Tuskegee Airmen, Inc. – distinguished World War II veterans trained in aeronautics at the Tuskegee Institute in Alabama – will give a special presentation on Nov. 3 at 4:30 p.m. in the Community Activities Center Gymnasium. The event is free and open to everyone on post.  
Retired Lt. Col. Francis Horne and Chief Master Sgt. Grant Williams will talk about their training in aviation and daring missions during the war. They will discuss experiences while escorting bombers, operating emergency landing fields and various aspects of air warfare.  
This is an excellent opportunity to hear a part of history from those who lived it.  
To learn more about the Tuskegee Airmen, visit [www.tuskegeearmen.org](http://www.tuskegeearmen.org). For more information about the upcoming event, contact Beth Sigler at 788-2427.

Concert honors veterans

The 10th annual “Salute to Veterans” concert is scheduled to begin at 3 p.m., Nov. 6, at Nor-

folk’s Chrysler Hall. The performance features a combined military band, made up of select members of: The U.S. Army Continental Army Band, Fort Monroe; U.S. Atlantic Fleet Band, Norfolk; U.S. Air Force Heritage of America Band, Langley AFB; Marine Detachment, Navy School of Music; and the U.S. Coast Guard Band, Groton, Conn.  
The theme for this year’s concert is “America’s Heroes - Through the Years.”  
The concert is free and open to the public, but tickets are required to ensure seating. The deadline has passed for ticket requests by mail, however, members of the Fort Monroe Commnity might check with TUSCAB at 788-3620 to see if tickets are still available. People without tickets will be admitted 15 minutes before showtime until all seats are full.  
Updated information about the concert and future TUSCAB events is available at [www.tradoc.army.mil/band](http://www.tradoc.army.mil/band).

AC to heat changeover

The Directorate of Public Works has begun the seasonal AC to heat changeover across post. Because of the uncertainty of weather patterns during this time of year, there may be some days of discomfort during this process.  
Customers are asked to keep thermostats at a low setting so the heat does not come on. When the weather is mild, open windows to allow air to circulate throughout the building. In this time of rapidly rising energy costs, it is important to make every effort to conserve energy.  
For further information, call the service order desk at 788-4228.

Blizzard Bazaar bargains

Wrap up your Christmas shopping in just one stop during Fort Monroe’s Holiday Blizzard Bazaar on Nov. 20 from 10 a.m. to 3 p.m. at the Bay Breeze Community Center.  
Silver, jewelry, baskets, wreaths, furniture and country crafts are just some of the items that will be available for purchase. Admission is free and the event is open to the public.  
For more information, call the MWR Special Events Hotline at 788-2850.

Teddy bear drive

Middle and high school participants of the CYS after-school program will conduct a teddy bear drive during November. The bears will be presented to local police and fire departments for inclusion in their holiday drives. Bear donations can be placed in one of the special collection boxes that will be located at each CYS facility. For more information, call 788-2855.

JTFCS jobs available

Joint Task Force Civil Support is trying to fill “numerous” National Guard and reserve billets — both officer and enlisted — at its headquarters at Fort Monroe.  
JTF-CS is a standing joint task force comprised of active duty and reserve members from all five services, as well as civilian personnel. It is a subordinate unit of U.S. Northern Command. For more information about the job vacancies, contact Senior Master Sgt. Kim Guidry at 788-6278.

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# JROTC staff conducts first leader symposium

**FORT MONROE, Va.** — The Army Junior ROTC staff from Headquarters, Cadet Command here recently traveled to Lexington, Va. to orchestrate the inaugural George C. Marshall Leadership Symposium.

“We had 128 cadets from 32 high schools from around the country and from the Department of Defense school system in Europe participate in (the) symposium, which was held in mid October,” said Col. Carlos Glover, Deputy Chief of Staff for Junior ROTC. “The three-day seminar was designed to recognize some of the best students in our program with activities focusing on improving their leadership skills and the value of teamwork and integrity.”

Using the theme “Junior ROTC: Citizenship, Scholarship, Service and the Uniform,” the symposium concentrated on the goal of enhancing the JROTC citizenship mission and addressed key topics based on the principles of leadership — integrity, selfless service and character — as emphasized by the career of Gen. George C. Marshall.

The symposium provided a blend of plenary sessions and facilitated roundtable discussions culminating in student presentations on the key subjects of the symposium.

Junior ROTC is designed to

teach high school students the value of citizenship, leadership, service to the community, personal responsibility and a sense of accomplishment while instilling in them self-esteem, teamwork and self discipline.

The event was held on the campuses of Virginia Military Institute and Washington and Lee University at Lexington from Oct. 13-16.

Speakers throughout the event praised the cadets and issued a challenge to motivate others to be better citizens.

Maj. Gen. W. Montague Winfield, Commander of Cadet Command, told the cadets during the seminar to put what they learned at the symposium to use every day. He stressed teamwork and the importance of thinking about “we” and “us” instead of “I.”

He went on to tell the young people that “If you treat people as partners . . . there is no limit to what you and your team can accomplish together.”

Also among the key speakers addressing the cadets was local Hampton resident Retired Maj. Gen. Robert E. Wagner, the first commander of Cadet Command. Wagner, an enthusiastic advocate of the Junior ROTC program, was credited with fostering the initial concept for the symposium. He

served, with Harry Warner of the George C. Marshall Foundation, as the co-chairman of the event.

Other guest speakers included representatives of the Virginia Military Institute, George C. Marshall Foundation, the United States Army and the National Character Education Foundation.

Donna Rice, chief of the Junior ROTC’s Operations, Education and Training Division and one of the symposium’s organizers, said she was particularly pleased with presentations cadets made on the principles of George C. Marshall, given that they had only a brief period of time to organize their thoughts.

“You take a big risk when you ask Cadets to do a performance of what they’ve learned,” Rice said. “But the risk is usually worth it, because when you leave it up to the students; you get a lot of creativity. I’m very pleased how it all turned out and how they plan on using what they have learned when

they return home.”

Other key Junior ROTC staff members that worked on the symposium are: Leon McMullen, Carolyn Friedhaber, Darlene Roberts, Robbie Richardson, Randy Singleton, Arlene Mitchel, Gina Landry, Marcella Hayes, Arlington Durden, David Jenner, Kate Edelen, Cynthia Hennemuth, Loretta Owens, Mike Brown, Jim Wood, London Dubois and Louis Jordan.

As smoothly as this first conference unfolded, the Fort Monroe-based organizers said there is always room for improvement.

“We’re not going to rest on our laurels,” said Glover. “The young people benefited tremendously from this leadership symposium. It is something they will remember the rest of their lives.”

(Steve Arel, a public affairs staff member with Cadet Command’s Eastern Region Headquarters, Fort Knox, Ky., contributed to this article.)

Spotlight

Event

Wallace Welcome/Jewelry Sale

The Casemate Community Connection will host a jewelry show and sale on Nov. 4 from 11 a.m. to 7 p.m.. and a welcoming coffee social for Sharon Wallace on Nov. 10 at 10 a.m. Both events will be held at the Bay Breeze Community Center. All are welcome. For more information, call 327-0416.

6 X 7  
AD

# ‘Virtual Commissary’ opens for business

BY BONNIE POWELL  
ARMY NEWS SERVICE

FORT LEE, Va. – Commissary shoppers looking for a different kind of gift for friends or family at home or abroad can let their “fingers do the clicking” at the new Virtual Commissary.

Located under the shopping link at [www.commissaries.com](http://www.commissaries.com), Virtual Commissary will open up a whole new world of Internet shopping for authorized users of the commissary benefit.

“We’re excited about DeCA’s first adventure into the world of Internet shopping,” said Patrick B. Nixon, chief executive officer and acting director for the Defense Commissary Agency.

Initially, one of DeCA’s business partners, Kraft Foods, Inc., is kicking off Internet shopping with a selection of gift baskets. “But the number of vendors and manufacturers participating will continue to increase – along with the variety of products,” Nixon said.

All of the products in the gift baskets at Virtual Commissary can be found on the shelves of “brick and mortar” commissaries, but the unique packaging of products into gift and special occasion baskets adds a new twist. With titles like “Camouflage,” “Drill Sergeant” and “Touch of Home,” the baskets offer assortments of crackers, canned cheeses, cookies, candies and even beverages and coffee packs.

### Secure portal for safe access

To access the extended commissary, shoppers must pass through a secure portal found under the shopping link at [www.commissaries.com](http://www.commissaries.com). Personal information entered by the customer is validated to ensure they are an authorized shopper. Access is dependent on whether the customer is entered in the Defense Enrollment Eligibility Reporting System (DEERS). Military exchanges use a similar method to check for authorization before permitting access to exchange Web sites or online shopping.

DoD civilians stationed overseas who are otherwise authorized to shop at commissaries may not be able to access Virtual Commissary until changes are made to the DEERS database by the Defense Manpower Data Center, said DeCA officials. DMDC is targeting completion of the changes for late November.

Virtual Commissary customers can make selections and fill in their payment and shipping information in one easy and secure step, before being transferred to the manufacturer’s site where they can get total cost for the product (including the shipping) and finalize their purchase.

Shipping and handling charges are paid by the customer, just as at most other Internet shopping sites, and charges will vary depending on the method of shipping selected, location, and the speed of delivery requested. Customers can check for availability of delivery to APO and FPO addresses as well as get more information on what’s in the gift baskets by clicking on the image of the gift basket at Virtual Commissary. Payment for orders can be made with any credit card accepted in “real” commissaries and customer information is not archived by DeCA.

Down the road, Virtual Commissary expansion could include making a wide variety of commissary products available, a feature that would allow deployed military service members, retirees, and other authorized shoppers to order items they want and need at commissary savings.



Photo by Patricia Radcliffe

## Fancy Footwork

*(Left-right) Wivi Detlie, M. Oliver Detlie and Margaret Wyant perform leg raises during Fit for Life class at the Fitness Center on Oct. 19. Fit for Life class meets on Mondays and Wednesdays at 9:30 a.m. in the 3rd floor aerobics room. Fit for Life is part of Fitness Center personnel’s effort to meet the wellness needs of community members regardless of their activity levels and requirements.*

4 X 10  
AD



# Post rekindles EOM program

The garrison commander wants to reinstate the Employee of the Month program for all Headquarters Fort Monroe appropriated- and nonappropriated-fund, permanent civilian employees.

The program is meant to “recognize and reward the consistent work accomplishments and important contributions of our garrison workforce,” said Paulette Pickering, program administrator. It also encourages innovation and the highest standards of customer service.

All Fort Monroe employees, regardless of office or unit affiliation, may nominate an eligible civilian from the garrison staff for employee of the month. There is no grade limitation, and a supervisor’s approval is not required.

The winning employee receives a \$500 cash award, a write-up in the Casemate newspaper and his or her name will be displayed on the

front gate marquee. A 24-hour time off award is also authorized.

In order to get the program started, Pickering said she is looking for volunteers to serve on the employee of the month selection panel. The panel will be comprised of five members and all pay scales — GS, WG and NAF — will be represented. Panel members will serve for one year.

Each panel member will also be asked to identify an alternate who would be available during an absence or in the event he or she cannot serve.

Those interested in serving on the panel should contact Pickering at 788-2468 or [paulette.pickering@us.army.mil](mailto:paulette.pickering@us.army.mil).

More information about the program, and a post Web page with rules and the nomination form, is coming soon.



*Post MWR employee John Tutson welcomes guests and members of the Old Point Comfort Toastmasters Club during a 14th anniversary celebration Oct. 19. Tutson is the club’s president.*

## Old Point Comfort club continues talking tradition

For 14 years, they’ve helped post employees improve communication and leadership skills. Their lunchtime meetings offer a fun learning environment. The Old Point Comfort Toastmasters Club meets every first and third Wednesday of the month at 11:40 a.m., in Room 248, Building 82 (Craven Clinic). The next meeting is Nov. 2. For more information, call 788-4132 or 2783.

1 X 10  
AD

5 X 10  
AD

# A Tribal Tale

## Employee’s quest leads to cultural understanding

**BY PATRICIA RADCLIFFE**  
CASEMATE STAFF WRITER

Another new age wannabe (pronounced wah nah’ bee in certain Indian circles) is the stereotype that slaps David Lee in the face whenever he steps onto the grounds of a pow wow. Although his maternal grandfather was full-blooded Cherokee, Lee doesn’t look the part.

NETCOM employee Lee, who describes himself as “the average looking white guy,” launched upon a quest to discover the Native American side of his family, and himself.

“I started about 10 years ago with a question in the back of my head, like the typical person in their early twenties trying to figure out who they are,” Lee said.

“Part of my childhood was (only knowing) my grandfather is Indian. It was cool. When we played cowboys and Indians, I was always the Indian; and I loved it. But, I didn’t grow up with the culture. It was later when I started to figure out who my grandfather’s people were that I got overwhelmed with it,” he continued.

Lee said his grandfather, Billy Weaver, grew up in Duncan, Okla. and was a World War II Coast Guard veteran during an era when it was not good to be an Indian. So, Weaver did not rear his daughters in the customs of his side of the family. Consequently, Lee’s research began at square one.

“I went to Cherokee tribes and started asking, ‘how can I be enrolled?’ They said that you don’t meet the BIA – Bureau of Indian Affairs – requirement because they (compiled) census rolls between 1898 and 1907, for a lot of the ‘civilized tribes.’ If your ancestors are not on these rolls, you can not register with the eastern tribe in North Carolina or the western tribe in Oklahoma,” Lee said.

The federal books were closed to Lee although he can easily trace his ancestry to Tahlequah, Okla. - Capitol of the Cherokee Nation - and the Trail of Tears. Resourceful and determined, Lee found another route to gain the knowledge he craved.

“There are other state-recognized Indian tribes. So when I went to them, they said we’ll take you because you can prove (your ancestry) and by law, you only have to have one-128th amount of blood in you to let you in a tribe. I



believe this goes seven generations back,” he said.

Lee said he sought out teachers and elders who would allow him to ask questions. He always carried a customary gift of tobacco, used for medicinal and spiritual purposes - not for smoking - and would make his inquiries. As time went on, he would take this gift to them because he just wanted to spend time with the elders.

“The state tribes in Missouri and Arkansas told me, ‘you need to go out and teach people about (the culture), that’s how you learn.’ I said that I didn’t know anything about this; I’m still trying to learn. I’m ... trying to share with people (despite) my own learning curve,” Lee said.

“That was one of the stipulations for me becoming a member of a tribe; which is not normal. You don’t have to understand the ways the elders have; you just sort of have to do it,” he

said with a laugh.

He trusted the elders and built a relationship with them. Over time, this led to his adoption into a tribe.

“My biological family is huge in itself, then there’s my adopted family. It’s misconstrued about blood brothers, where you cut yourselves and mix the blood. I have no idea if there’s any truth to that. You have your blood family and your hunka - adopted family - which is a Lakota term that everyone uses now,” Lee said.

“Every tribe has their own way of performing adoptions. What is universal to most tribes is ‘saying it in public,’ and a pow wow is a big place to do it. You announce to everybody that I have now accepted this person as my son, we are now family. Now, it’s official because you announced it to everybody. If you announced something that wasn’t true, you would have been killed or kicked out. To be excommunicated from your tribe meant you wouldn’t survive; it was too harsh to survive on your own,” Lee said.

Today, pow wows are primarily social gatherings where Indians fellowship: dance, drum, sing or just have fun, Lee said. But, the pow wows of yesteryear were a means of survival.

“Originally (pow wows) started off on the harvest points of the year. People were geographically disbursed into bands, clans and even down to one or two families, depending on what region of the United States you were in and whether you were a nomadic tribe, farming tribe or fishing tribe. A pow wow was an opportunity for, essentially, a family reunion,” he said. It was usually marked on equinox, summer solstice, winter solstice or harvest times so that everybody knew when they were going to happen. They would have an abundance of food or (if) it would occur during the winter solstice, some people might not have food, so everybody got together and divvied things up to increase the chance of everybody’s survival.

“It was also an opportunity for other neighboring tribes to come and barter or trade. It’s like today with vendors who sell native-made goods (at pow wows). It comes from a basis of necessity. You find sea shell tools in the Plains Indian museums, and wampum - a purple and white sea shell - they carve it into cylinders and use it

**See QUEST, Page 13**

Spotlight

Event

Native American Heritage Month Observance

A former staff writer for National Geographic magazine, who has also authored several books on American Indian culture, will speak at the post’s National Native American Heritage Month observance here Nov. 3.

Harvey Arden, who now dedicates considerable time to understanding the lives, wisdom and spiritual practices of the “Old Ones,” will be the featured speaker at the 90-minute program, starting at 1:30 p.m. at the post theater.

The drum group “Many Nations” will also perform three tribal songs with dancers.

Arden’s books on American Indians include “Wisdomkeepers: Meetings with Native American Spiritual Elders;” and “Travels in a Stone Canoe: The Return of the Wisdomkeepers.”

While at National Geographic, Arden personally experienced two, significant world

events and wrote responses on both. He survived the 1981 “Good Friday Earthquake” in Ayacucho, Peru; and, six months later, he stood just a few steps from Anwar Sadat when he was assassinated outside Cairo. Arden’s first-hand accounts of the events electrified millions of National Geographic readers.

Other Native American Heritage Month events scheduled here include a “smudging” ceremony at 4 p.m., Tuesday in front of the Casemate Museum, and a bus trip to the Hampton History Museum, Nov. 16 from 11 a.m. to 1 p.m. Community members need to RSVP for the trip.

The Security Assistance Training Field Activity, TRADOC, is sponsoring the observance. For more information and trip reservations, call 788-3086 or 788-2983.



Photo by Michaela Lee

*David Lee dances in native regalia during a recent pow wow at the Norfolk Botanical Gardens. Lee compares his clothing to a type of uniform with some of the highest medals being eagle feathers. He has been awarded four of them.*



# Around the Army

## 40-year-old Soldier/mom earns BCT ‘honor grad’ title

**STORY AND PHOTOS BY BOB BELLIN**  
TRADOC NEWS SERVICE

FORT JACKSON, S.C. – It’s not uncommon for sons and daughters to enlist in the Army following in the footsteps of a Soldier mother or father who served before them. It is not so common for a mother to enlist following in the footsteps of a Soldier son.

This is the case with 40-year-old Soldier and mother Pfc. Terrill B. Stewart, who graduated basic combat training Oct. 14 as the Soldier of the Cycle for Company D, 2nd Battalion, 39th Infantry Training Regiment.

A wife and mother of a blended family of six children and grandmother of two, she is following her 21-year-old son and war veteran, Spc. Garrett Good of HQs Company, 1st Brigade of the 1st Cavalry Division, into the Army.

Her desire to be a Soldier did not begin with her son’s enlistment, Stewart said.

“I always wanted to serve my country, but I had to wait because of family obligations,” she said.

She first tried to enlist in the Army in 2001, shortly after her 36th birthday in October, only to be told she just missed the enlistment age limit of 35.

“I felt like I missed an opportunity,” Stewart said.

A few years later, in May 2003, her son, 18, enlisted in the Army, deploying to Iraq in March 2004. He was stationed in the Sadr City section of Baghdad at Forward Operating Base Camp War Eagle, which he claimed was the “second most mortared FOB in history.” He told of comrades killed and injured in mortar attacks and one friend, a gunner, being killed by an improvised explosive device.

He shared these combat experiences with his mom through frequent Webcam broadcasts and phone calls. One phone conversation with her son was cut short when the phone center was struck by shrapnel and the line went dead, Stewart said. He was not able to contact her again for three long days.

Following tense times like this, she said she would “thank God that he was safe, that he wasn’t hit.”

Stewart might have been resigned to living out her Army dreams through her son, but in May she heard radio commentator Paul Harvey announce the Army had raised the enlistment age to 40 for Reserve Component Soldiers.

She said she enlisted at age 39 that same month under the delayed-entry plan, starting basic combat training in August. She delayed entry to help her other son, Dalan, 17, an accomplished golfer, compete in amateur tournaments this past summer.

Reid, Stewart’s husband, has been taking care of Dalan and the youngest child, Gabrielle, 6, while Stewart has been training.



**Pfc. Terrill B. Stewart, Company D, 2nd Battalion, 39th Infantry Regiment, receives information from a squad leader during patrol on Day 3 of a seven-day field-training exercise during basic combat training at Fort Jackson, S.C. Stewart, 40, was named Soldier of the Cycle for her BCT class.**

When Good first heard of his mom’s plan to enlist, he said he was shocked but tried to give her as much advice as he could. He said he knew there was no changing her mind.

Stewart said that her experience in BCT helped her better relate to what Good had told her of his basic training at Fort Benning, Ga. She said she did not know basic would be so tough since Good “didn’t complain or whine” when he was going through it.

Now that she has seen for herself how tough it can be and remembers how well he accepted it, she appreciates what a “terrific individual” her son is, she said.

Given her impressive civilian background, it might come as no surprise that Stewart has excelled as a Soldier. Back home in southeast Idaho, she and her husband own a log home sales and construction business, where she handled sales and managed the office while her

husband supervised construction.

In her community service, she served as commander of National Search and Rescue, Inc., a private, non-profit organization that assists in rescue operations in Idaho and four other nearby states.

Asked about her 299 physical-training score, she said she has “always been athletic” and enjoys action sports such as rappelling and scuba diving.

She seemed not to suffer any generational gap with the 17- and 18-year-olds who also made up her unit. Some Soldiers called her the “mother of the bay,” and young Soldiers-in-training fre-

quently came to her for advice, comfort and encouragement, she said.

Good, pausing during the interview to adjust his mom’s pin-on rank, said he was proud of his mother and “knew she would do well. It takes a lot of drive to make it through basic training, even more for someone with a family at home.

“I worry about it,” he said, responding to a question about his mother deploying. “I know she learned as much as she can here and can put those combat skills to work if she has to.”

Her husband also expressed mixed feelings about his wife’s decision but said he is proud of her.

Good flew from Fort Hood, Texas, to join his father at the graduation, where his mother received her award as Soldier of the Cycle. Gen. Richard A. Cody, Army vice chief of staff, pointed out the service to the country rendered by mother and son, at one point saying to Good, “thanks for sending your mom to us.”

Good joined his mother at the front of the formation to lead the graduating class in the Soldier’s Creed. Following the creed, they turned and hugged.

Cody further honored the family by speaking with the three after the service and joined them in answering questions from a gathering of reporters.

“I achieved one goal when I graduated from basic,” she said. “I want to continue to learn, observe and retain.”

She is looking forward to learning her new military-occupation specialty as a 27D paralegal specialist, which is similar to a previous career she had as a police officer.

She plans to take her Army career “one day at a time and give it 110 percent. When I’m not able to give it a 110 percent, I’ll call it good, not quits.”



Got any sports results?  
Need to advertise an upcoming event?  
Give us a call at 788-3208 or e-mail casemate@monroe.army.mil.



# U.S. Tennis Association ‘adopts’ Monroe program

BY PATRICK BUFFETT  
CASEMATE STAFF WRITER

News of a recent “adoption” is creating quite a buzz among Fort Monroe Youth Sports program leaders and participants.

Earlier this month, the U.S. Tennis Association offered their endorsement of the installation’s fledgling youth league. The notice came with a bunch of perks like new tennis racquets, an assortment of balls and a small library of teaching materials.

“We now have everything we need to grow the program here at Fort Monroe,” said Mike Jones, youth sports director. “The new

equipment is the biggest blessing. Our kids were playing with some pretty beat-up stuff, but now it’s all ‘top of the line.’”

The current youth tennis league at Monroe is comprised of four players, and the season ends in the coming week. But Jones, and volunteer coach Janis Markham, are certain the spring league – which starts in April – will draw more players and possibly create future opportunities for “friendly competition” and local tournaments. That notion is being fueled by the USTA endorsement.

“The USTA shares our excitement because they too are interested in nurturing the potential tennis

pros of tomorrow,” Jones said. “And their program encourages participation by a diverse group of kids – which is one of our foremost goals.”

A coaching curriculum titled “Teaching Tennis to Special Populations” is part of the USTA kit. It emphasizes techniques that keep practice sessions fun and interesting, which usually leads to more kids trying out and, ultimately, sticking with the sport.

“Another exciting aspect of the program is the opportunity for individual accomplishment,” Jones said.

“We’ve always offered plenty of sports in which the youth are part of a team, but not a whole lot that’s

individualized. This is just one more step toward a well-rounded program that appeals to a wide range of youths in the community.”

Jones said registration for the next tennis season will most likely begin in March. Any dependent of military or civilian employees in the community may participate as long as they are a member of the Child and Youth Service program (the cost is \$18 per year and kids can sign up at the CAC).

Youths in the surrounding communities may also participate in the program on a space available basis. For more information, call 788-3957.

## Overcoming the Odds

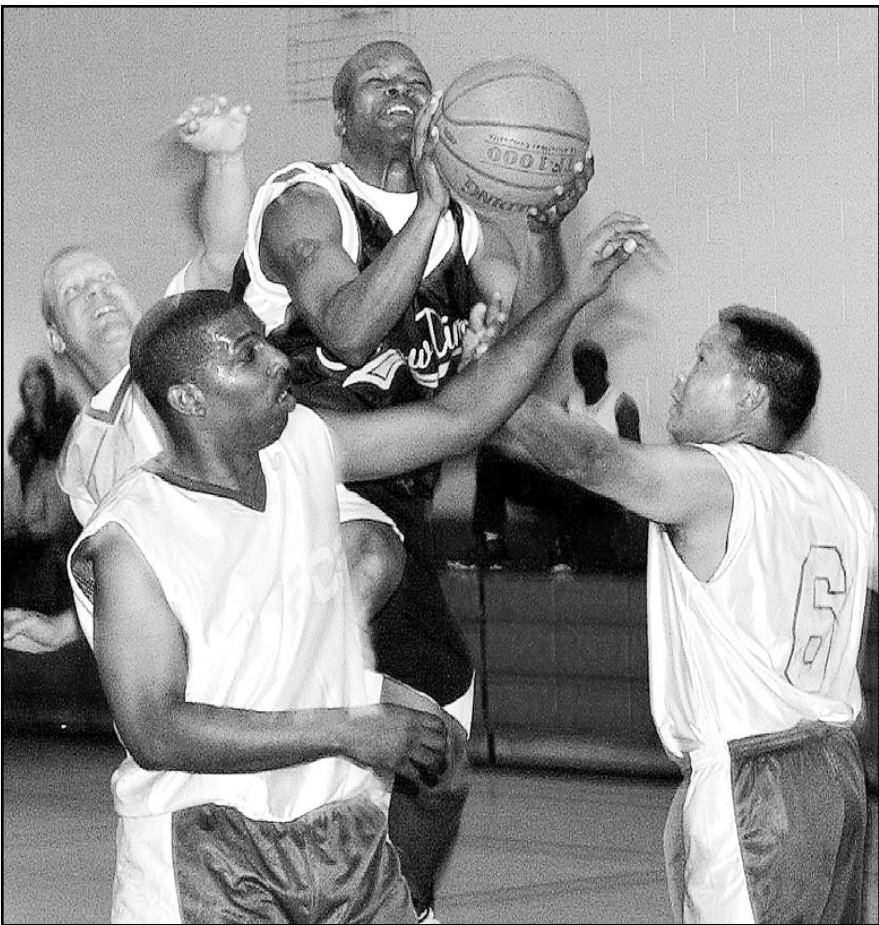


Photo by Patricia Radcliffe

Surrounded by JTFCS players Jon Eldred, left rear, Craig Leaphart, left front, and Diron Cruz, right, HHC’s Jadore Scovell takes his only scoring option: straight up, during intramural basketball playoffs on Oct. 20 at the Community Activities Center. The final score was HHC - 61, JTFCS - 38.

## Let’s split!

Chrissey Perry, 13, demonstrates a gymnastics move for Faith Butler, 5, during an Oct. 18 gymnastics class at the Community Activities Center. Also pictured is Nadia Cavallo, 7.



Photo by Patricia Radcliffe

## Sports Roundup

### Smoke Out run

The “Great American Smoke Out” will be celebrated at the Fort Monroe Fitness Center on Nov. 15 with a Smoke Out 5K Run/Walk.

It is a non-competitive, fun event that is open to the Fort Monroe community. Registration is not required. Participants will start and finish at the Fitness Center. For more information, call 788-4771.

### Veterans golf tourney

The Veterans Affairs Employees Association (VAEA) and Woodlands Golf Course, Hampton, are hosting a golf tournament to benefit the 2006 National Veterans Golden Age Games. The event is scheduled for Nov. 13 at the Woodlands. The start time is 7:30 a.m.

Registration forms have been distributed to golf courses throughout the area. The deadline for registration is Monday.

For more information, contact Kristi Nuckols at 722-9961, ext. 3533; or Sandi Dannenberg at 722-9961, ext. 2571.

### High school golf meet

The National High School Coaches Association is expanding competition opportunities for the nation’s top high school golfers as it hosts the inaugural NHSCA National High School Open Fall Golf Championships, to take place Nov. 18 to 20 at the Hamptons Golf Course in Hampton, Va.

The competition is open to golfers who are currently in grades 9 through 12. The course will be available for a practice round on Nov. 18, The 36-hole, stroke play event follows on Nov. 19 and 20. The top 10 boy and girl finishers will receive awards and official recognition as High School All-Americans.

For more information, contact Ryan LaFata at 728-5328 or ryan@hamptoncvb.com.

For a complete list of this year’s programs and events, visit [www.nhsca.com](http://www.nhsca.com).

### Area runs

**Yorktown Battlefield, 5K/10-miler** — The race will be held on Nov. 5 starting at 8:45 a.m. (5K) and 10 a.m. (10-miler). Pre-registration ends Monday.

Race-day registration and packet pickup will be at York High School beginning at 7:45 a.m.

Contact Bill Wainwright at 886-1302 or jwain1955@verizon.net for more information.

**Turkey Trot, 10K** — The race starts at 9 a.m. on Nov. 24 in the Mt. Trashmore section of Virginia Beach. Pre-registration ends Nov. 16. Call 627-RACE or visit [www.TidewaterStriders.com](http://www.TidewaterStriders.com) for more information.

**Race for Breath, 5K** — The race begins at 9 a.m. on Nov. 5 along the Virginia Beach Boardwalk. Contact Kelly Jennings at 227-5618 or kjennings12@cox.net for more information.

### Intramural Golf Standings

DPTMSEC	13	IG	10	Standings are provided by the Fort Monroe Sports Office
DCSPIL (A)	11	Misfits	10	
HQTRADOC	11	DCSPIL (B)	5	

\*As of Oct. 21



# ACS seeks AFAP input

Fort Monroe’s Army Family Action Plan coordinator is seeking input from community members for the next conference to be held Jan. 18 and 19 at the Soldier and Family Support Center.

Beverly Nicholson, Army Community Services, describes AFAP as “the voice of the people to senior leadership.” Started in 1983 by military spouses, the grassroots initiative provides feedback that makes the Army a better place to work and live, she said.

During the conference, Solders (active and reserve), retirees, DA civilians and family members raise concerns and recommend solutions that address the demands of the current Army environment.

Since AFAP began, more than half of the 565 issues raised benefitted all branches of service. The powerful program resulted in 97 changes to legislation, 140 policy changes and 157 new or improved programs or services.

Past AFAP accomplishments include: improved medical and dental services; more family programs like

ACS, Better Opportunities for Single Soldiers, child development services, youth programs, chapel services and improved housing and education; and more entitlements such as pay and military benefits.

A complete list of past issues raised to DA level can be found at [www.myarmylifetoo.com](http://www.myarmylifetoo.com).

Locally, AFAP has resulted in a bigger child care facility, the marquee at the front gate, more youth programs, the community activities center and more opportunities for DA civilians to participate in the programs on post.

To submit issues, and recommended solutions, for the next conference, contact Nicholson at 788-4132 or [nicholsb@monroe.army.mil](mailto:nicholsb@monroe.army.mil).

Community members can also support the process by becoming actual delegates at the AFAP conference.

Delegates discuss the issues raised, explore possible solutions and record data for later reference. Training prior to the conference is provided. Arrangements can also be made for free child care.

# QUEST Continued from Page 10

for trade. East Coast tribes used it heavily because it’s easier to find there. It was usually made into belts. The belts would often tell a story and were traded for goods.

He said there are also photographs of bird feathers that are not native to those areas of the country. Feathers were also a heavily traded item with a sacred nature to the native people.

“Macaw feathers from the south were the ultimate form of riches. You might see in the Plains the war bonnet type headdress that would have one macaw feather and everyone would say, ‘whoa, where’d you get that?’ As far as I know, there wasn’t any big trade movement as far as people moving all over the country to trade. That’s not very practical in native ways because your focus is on your family, your people. So, going off to trade doesn’t make any sense unless it’s going to the pow wow,” Lee said.

Currently, only a little over 500 federally recognized tribes

exist. Years ago, there were literally hundreds or thousands of tribes speaking possibly hundreds or thousands of languages.

“Sign language was used quite a bit. They say ‘you talk hand and foot,’ he said waving his arms and one leg.

Many people are curious about Lee’s pursuit and reactions vary from enthusiasm to disbelief. Still, this adventure in historic study has caused him to see people, and his relationship to mankind, differently.

“Everybody got stepped on in the past, some more than others. What am I going to do about it? I’m not going to oppress, I’m going to share with everybody. I see all of these cultures and races as roots of a tree and ultimately they come to (form) one tree and one culture.

“A lot of people are not into discovering their roots. I think it’s important to know where you come from and the traditions of your people ... to be able to blend it in with your new family,” Lee said.

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2 X 3  
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3 X 5  
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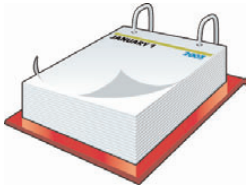
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# MoatNotes

UPCOMING SPOTLIGHT EVENTS

Daylight Savings Time Ends. . Oct. 30  
Ethics Training . . . . . Nov. 1  
'Smudging' Ceremony . . . . . Nov. 1  
For more on these and other upcoming events, see listings below or other stories and briefs in this issue.

Tuskegee Airmen Talk. . . . . Nov. 3  
Native American Observance. . Nov. 3  
Community Town Hall. . . . . Nov. 7



Oct. 28

Ghost walk

The annual Olde Towne Portsmouth Ghost Walk takes place today from 6:30 to 11 p.m. Visitors will participate in a guided walking tour past the haunted houses and creaking mansions of the historic district. At each stop, costumed actors and actresses will tell stories about ghostly visitations and things that go bump in the night.

Tours begin in the cemetery of Trinity Episcopal Church. There is an admission fee (amount not listed on city Web site). For more information, call 393-5111 before 5 p.m.

Haunted trail

Ghosts, goblins and other spooky creatures of the night will haunt the trails of Beaverdam Park, Gloucester, Friday and Saturday. Volunteers will turn the woods into a very noisy and scary place during Haunted Trails 2005. The program runs from 7 to 9:30 p.m. nightly.

The event is open to all ages; however, youth ages 9 and under must be accompanied by an adult. Tickets are \$5 for everyone 13 and older, and \$3 for all others. For more information, call (804) 693-2355.

Brazilian music

The Nego Gato Brazilian Music and Dance Ensemble is scheduled to perform at 8 p.m. today at the Mary T. Christian Auditorium, Thomas Nelson Community College, Newport News. This event is free and open to the public. For more information, call 825-2779.

Hampton haunts

Who will be waiting for you in the darkened depths of the galleries? The frightful answer to that question can be found at the Hampton History Museum today and tomorrow from 7 to 10 p.m.

During the Historical Haunts of Hampton tour, guests might encounter a pirate crew searching for the infamous Blackbeard, or displaced spirits from the Civil War. More than 400 years of history comes alive during this haunting excursion.

Admission is \$7 for non-members and \$5 for members of the history museum. For more information, call 727-1610.

Oct. 29

Campfire ghosts

Take a bone-chilling trip into the realm of the supernatural during Lee Hall Mansion's annual Ghost

Pool School

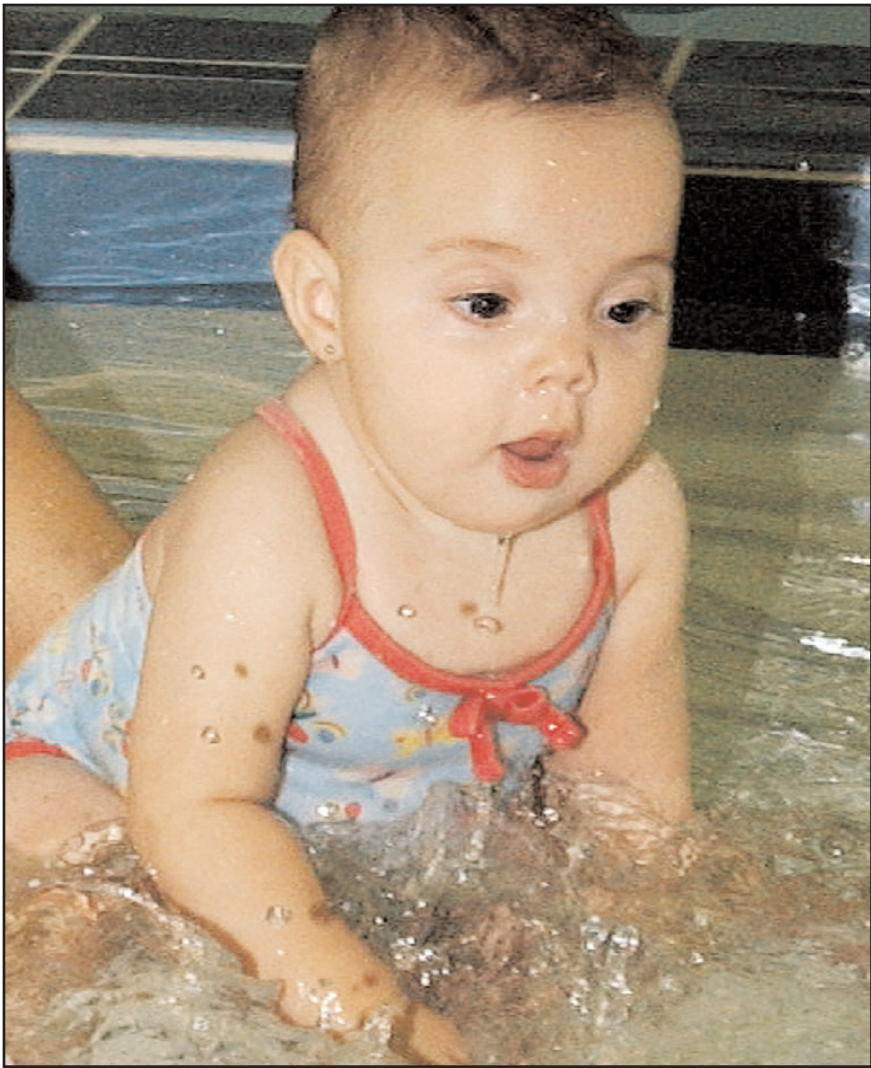


Photo by Patricia Radcliffe  
*Ivana Clements (8 months) explores the depths of the most shallow part of the indoor pool at the Community Activities Center during a recent Toddler Time water session.*

Stories Around the Campfire event, Saturday, beginning at 7 p.m.

Costumed interpreters will provide dramatic performances of terrifying tales. Guests are invited to bring marshmallows for roasting and a blanket to ward off the evening's chill. Admission is \$7 per person. For more information, call 888-3371.

Fall festival

Featuring indoor and outdoor games, a silent auction, a white elephant sale, food and more, the Peninsula Catholic High School's annual fall festival takes place Saturday from 10 a.m. to 4 p.m. The school is located at 600 Harpersville Road, Newport News. For more information, call 596-7247, ext. 11.

Safe trick-or-treat

The 4th annual Safe Trick-or-Treat in Olde Towne Portsmouth celebration is scheduled for Saturday from 5 to 8 p.m. This free Halloween event is open to all children age 12 and under. The celebration occurs along High Street between Effingham and the Elizabeth Riverfront.

Along with the traditional hunt for sweet treats, the event will feature games, jugglers and face painting. The Portsmouth Police and Fire Departments will also be present to encourage safety. The Olde Towne Business Association purchased the candy that will be distributed throughout the evening.

Family magic

Magician Bill Warren and his sidekick Merlin, a blue and gold macaw, present magic and comedy for the whole family during a special show Saturday from 3 to 4 p.m., at Grissom Library, Newport News. No registration is necessary and the show is free. For more information, call 926-1357.

Halloween bash

Ghosts, goblins, treats and more await visitors of the 14th Annual Halloween Bash Saturday from 4 to 7 p.m., at the Virginia Air and Space Museum. The "spooktacular" fun and excitement includes a scavenger hunt, safe trick-or-treating, make-and-take activities, costume contests and more.

Admission is \$4 in advance and

\$6 at the door. Those interested in participating are encouraged to sign up early, as space is limited. For more information or reservations, call 727-0900, ext. 782.

Screech Street USA

The City of Virginia Beach presents their annual Halloween celebration, Screech Street USA, Saturday from 2 to 5 p.m. at the Seaside Palladium, 24th Street Park.

Screech Street begins with a costume parade down Atlantic Avenue. Guests will then gather at the park's "Spooky Village" for carnival games, trick-or-treating, storytelling, doughnut decorating, a costume contest with prizes and more.

Admission to Screech Street is free. Pony rides will also be available for \$4. There is also an admission fee for the nearby Haunted Fun House at 25th Street and Nightmare Mansion at 20th Street. For more information, visit [www.beacheventsfun.com](http://www.beacheventsfun.com) and click on the "calendar" link.

Irish quartet

The Irish-American quartet Edsall Road will perform at the Williamsburg Library Theatre Saturday at 7:30 p.m. Tickets are \$14 for adults, \$10 for students and \$7 for youth under age 16. For more information, call 259-4070.

Inflatable theatre

The always-hilarious Fred Garbo Inflatable Theatre Company will perform at the American Theatre, Hampton, Saturday at 8 p.m.

Continued Page 15

AT THE MOVIES

Showing at the Fort Eustis Theater

- Friday, Oct. 28  
7 p.m. — Just Like Heaven (PG-13)  
Saturday, Oct. 29  
2 p.m. — No Show  
7 p.m. — Roll Bounce (PG-13)  
Thursday, Nov. 3  
7 p.m. — Cry Wolf (PG-13)  
Friday, Nov. 4  
7 p.m. — Flight Plan (PG-13)  
Saturday, Nov. 5  
2 p.m. — Tim Burton's Corpse Bride (PG)  
7 p.m. — Exorcism of Emily Rose (PG-13)  
Thursday, Nov. 10  
7 p.m. — Flight Plan (PG-13)  
Friday, Nov. 11  
7 p.m. — Serenity (PG-13)

\*The Langley Air Force Base movie theater is closed for renovations.

Adults \$2, children 6-12 years old \$1.50 and children under 6 are free. If a child under 6 occupies a seat at a G-rated movie, admission is \$1.50. For more information, call 766-1237.



Typically described as “fast paced, energetic and theatrically clever,” the show opens with a ten-foot cylinder slithering onto the stage and, before long, the entire audience is playing catch up with all sorts of gigantic inflatable props. Performers Fred Garbo and Daielma Santos add to the fun as they mesmerize the audience with wildy imaginative imagery and artistic foolishness.

Tickets are \$25 and \$30 depending on seat location. Discounts are available for students, seniors and military personnel. Tickets are half price for children under 12. For more information, or to reserve seats by phone, call 722-2787.

**Oct. 31**

**Mall treats**

The Coliseum Mall, Hampton, will host its annual trick or treat program Monday from 6 to 8 p.m. All children in costume can receive treats from participating mall merchants. Look for signs on the storefronts of participating retailers. For more information, call 826-8386.

**Nov. 2**

**TUSCAB recital**

More than a dozen musicians from The U.S. Continental Army Band, Fort Monroe, will perform at the Williamsburg Library Theatre Wednesday at 7:30 p.m. The concert is free; however, tickets are required to guarantee seating. Up to four free tickets per person may be picked up at the library’s program services desk.

The Continental Army Band traces its ancestry to the fife and drum corps affiliated with Ethan Allen’s Green Mountain Boys in 1775. The first band was stationed at Monroe in 1824.

For more information, call 259-4070.

**Nov. 3**

**‘Super Grover’**

Never fear; your favorite Sesame Muppet friends are here!

The Constant Convocation Center, ODU Campus, Norfolk, welcomes kids of all ages to its upcoming stage show “Super Grover! Ready for Action.” Seven shows are scheduled from Nov. 3 through 7. The lineup includes matinee performances at 10:30 a.m., Friday, and 10:30 a.m. and 2 p.m. on Saturday.

Guests will be introduced to the “Fabulous Five,” a new team of Sesame heroes dedicated to putting the “super” back in “Super Grover.” The show uses song and dance to stress healthy habits like exercise, good nutrition and a getting enough sleep.

All seats on opening night are \$12 (except Gold Circle seats, which are \$30 for all performances). Tickets for the Friday, Saturday and Sunday performances are \$12, \$16 and \$20 depending on seat location. For more information, call 683-4444. To charge tickets by phone, call (888) 411-4TED.

**Nov. 4**

**‘Miss Saigon’**

The Ferguson Center for the Performing Arts, CNU Campus, Newport News, presents one of the most popular Broadway musicals of our time, “Miss Saigon,” Nov. 4 at 8 p.m., Nov. 5 at 2 and 8 p.m., and Nov. 6 at 2 and 7:30 p.m.

More than 28 million people in 13 countries have been enthralled by this award-winning show. “Miss Saigon” tells the epic story of two young lovers torn apart by destiny, yet held together by a burning passion and the fate of a small child.

Tickets are \$40, \$45 and \$50, depending on seat location. For more information, or to make reservations by phone, call 594-8752.

**Oyster festival**

Carrying on a tradition that started in 1958, the town of Urbanna in Gloucester County will host its annual Oyster Festival Nov. 4 and 5 from 10 a.m. to midnight, and 8 a.m. to 3 p.m., respectively.

Live bands, magic shows, a Fireman’s Dance, puppet shows and an oyster shucking contest are just some of the events planned. The festival concludes with a parade starting at 2 p.m., Nov. 5.

Visitors will be directed to parking areas outside of town. Shuttle hay wagons will take guests into the festival area. Parking is \$5 on Nov. 4 and \$10 on Nov. 5. Wagon rides are \$1 per person each way. For more information, visit [www.urbannaoysterfestival.com](http://www.urbannaoysterfestival.com).

**Nov. 5**

**Keep Hampton Green**

The Hampton Clean City Commission is looking for volunteers to plant trees and shrubs along Hampton Roads Center Parkway on Nov. 5 from 9 a.m. to noon. The rain date is Nov. 12. For more information, call 727-6394.

**‘What’s cooking?’**

Enjoy the distinct flavor of Civil War-era recipes during a living-history program called “What’s Cooking?” Nov. 5 at Endview Plantation, Newport News. Participants will learn about favorite camp dishes, and canning and salting methods, while living historians prepare a meal ala 19th century.

The event is included with regular admission, which is \$6 for adults, \$5 for seniors and \$4 for children ages 7 to 18. For more information, call 887-1862.

**Eva Ayllon**

The American Theatre, Hampton, presents a special performance of Peruvian music by the celebrated artist Eva Ayllon Nov. 5 at 8 p.m.

Over her 30-year career, Ayllon has released more than 20 hit albums. Her performances burst with poetic energy as she explores the broad musical genre that traces its roots to both Africa and Spain.

Tickets are \$25 and \$30, depending on seat location. For more information, call 722-2787.

**Nov. 9**

**Book signing**

The Fort Monroe Library and the Casemate Museum are co-hosting a special book-signing event, featuring professional photographer Katherine Franz, on Nov. 9 from 11 a.m. to 1 p.m. at the museum gift shop.

Franz’ recent book, “A Gift from America,” features a collection of photos from across the country that show a variety of patriotic displays and the public’s support of our armed forces and the troops serving overseas.

Copies of the book will be available for viewing and purchase during the event. For more information, call 788-3391.

**Nov. 11**

**Museum anniversary**

The Virginia War Museum, Newport News, celebrates Veteran’s Day and its 82nd anniversary during a Nov. 11 ceremony at 11 a.m.

Museum officials and American Legion Braxton-Perkins Post #25 will conduct their annual tribute to veterans at the outdoor Victory Arch in Huntington Park. Afterward, the public is invited to learn more about America’s rich military heritage through the many exhibits within the museum.

The admission fee to the museum on that day will be \$5 for adults, \$4 for seniors and \$3 for children ages 7 to 18. For more information, call 247-8523.



**Helping Hands**

More than 20 Fort Monroe workers participated in the “Stewardship Virginia” cleanup project Oct. 21 at Batteries Parrott and Irwin. Participants pictured from right to left are Kendra McCormack and Jakki Sincere, TRADOC Headquarters, Sgt. Kavis Edwards, 233rd Military Police Detachment, and Paula Pickering, Resource Management Office. Certificates of Appreciation from the Commonwealth of Virginia and Gov. Mark Warner will be presented to each volunteer to thank them for their participation.



# Monroe PMO stresses Halloween safety

The Fort Monroe Provost Marshal Office reminds the community that trick-or-treating will be allowed on post from 6 to 8 p.m on Halloween night, Oct. 31.

McGruff and Officer Friendly will be out and about, walking through neighborhoods and saying hello to friendly trick-or-treaters.

As a safety precaution, moms and dads can stop by the PMO to pick up free “chem” lights and reflective trick-or-treat bags while supplies last. Parents, trick-or-treat participants and community members are also asked to keep the following safety measures in mind:

### COSTUMES

- ☐ Purchase flame retardant costumes and accessories. The material burns slower if ignited and extinguishes quicker than non-retardant items.
- ☐ Avoid costumes made with flimsy materials and outfits with big, baggy sleeves or billowing skirts.
- ☐ Purchase or make costumes that are light and bright enough to be clearly visible to motorists.
- ☐ For greater visibility, decorate or trim costumes with reflective tape that will glow in the beam of a car’s headlights.
- ☐ Costumes should not pose a tripping and falling hazard. Make sure masks do not restrict breathing or obscure vision.

### TRICK-OR-TREATING

- ☐ Never trick-or-treat alone. Go with at least two friends for the entire evening.
- ☐ Carry a flashlight and use it so drivers can see you and you can see other people and hazards in the street.
- ☐ Cross only at street corners, never between parked cars, and never diagonally across an intersection.
- ☐ Look in all directions before crossing the street and obey all traffic signals. WALK ... never run across the street. Use sidewalks, not the street, when walking.
- ☐ Do not accept rides from strangers.
- ☐ Do not take shortcuts through backyards.
- ☐ Do not go inside anyone’s home.

### ADULTS

- ☐ Parents must supervise their children per post regulations.
- ☐ Keep dogs and other pets away from doors so children will not become frightened.
- ☐ Patrol your street occasionally to discourage speeding motorists, acts of malicious mischief and crimes against children.

### MOTORISTS

- ☐ Avoid all unnecessary travel on Halloween

evening. Drive slowly and be alert to children crossing streets.

- ☐ Be especially alert when backing vehicles out of driveways.
- ☐ Remember to slow down and prepare for the unexpected.

### TREATS

- ☐ Remind children not to open their treats until an adult has carefully examined all candy for signs of tampering, including small pinholes in wrappers and torn or loose packages.
- ☐ A good meal before parties and trick-or-treating will discourage youngsters from opening their goodies before they return home.
- ☐ Parents of young children should get rid of choking hazards such as gum, peanuts, hard candies or small toys.

Many accidents and injuries can be prevented with a little careful planning and consideration. Let’s make Halloween safe for everyone.

For more information, contact the PMO at 788-2050/2350/2220.

*(MP Roll Call is designed to provide a link between the Provost Marshal Office and the Fort Monroe community. Articles will discuss law enforcement operations, services, crime statistics and how operations and services combine with other post initiatives to keep the community safe daily. Call 788-2220 with any comments or concerns that need to be addressed.)*

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# NEWS CLIPS

Continued from Page 6

## School volunteers needed

Fort Monroe service members, DA civilians, contractors and spouses are encouraged to participate in the many volunteer activities offered by public schools in the Hampton Roads area.

Tutors, mentors, reading buddies ... the list of ways you can help your local school is extensive, according to Charlie French, the installation's school liaison officer. "Our participation sends a message about how important education is to all of us," he said. "It also helps kids feel cared about and supported. And it clearly demonstrates Fort Monroe's determination to be a good neighbor of Hampton Roads."

Any amount of time you can give does make a difference, French noted. If you're not sure where to start or who to contact, give him a call at 788-4673.

## Thrift Shop holiday hours

As a service to its customers, the Fort Monroe Thrift Shop recently announced key days when the facility will be closed in observance of the upcoming holidays.

The shop will not be open on Nov. 11 or the Friday after Thanksgiving, Nov. 25. The shop will also take its Christmas holiday break from Dec. 13 through Jan. 10. For more information, call 788-2566.

## Time off for voting

Post employees who are scheduled to work on Election Day (Nov. 8), and who are registered to participate in the ongoing elections, may be granted excused absences to vote with the following stipulations.

Generally, in locations where the polls are not

open at least three hours before or after the employee's regular work hours, he or she may be granted the amount of excused leave that will permit him or her to either report to work three hours after the polls open or depart work three hours before the polls close; whichever requires LESS time off.

Anyone with questions about the rules for excused absences should contact Kim Rhoades at the Civilian Personnel Assistance Center, 788-2759.

## Holiday rooms program

Fort Monroe enlisted Soldiers, staff sergeant and below, who cannot go home for Christmas can take part in the annual Peninsula Military Holiday Rooms Program, which provides free lodging for immediate family members.

Families can have a reserved room at a participating hotel starting at 3 p.m., Dec. 23, until checkout at noon, Dec. 26.

Rooms are double bed, double occupancy, for use by no more than seven people. Additional services, such as cots or cribs, must be coordinated by the service member through the participating hotel.

The Fort Monroe Public Affairs Office will coordinate lodging requirements for enlisted personnel at this installation only. PAO can also assist with the registration form required for the program. Participants are reminded that they only need to fill out Part 1 of the Holiday Room registration form and return it to the Fort Monroe PAO no later than Dec. 9.

Part II of the registration form will be completed by PAO upon confirmation of a room reservation by a participating hotel. Forms will be returned to Soldiers on or around Dec. 12.

Forms are available at the Fort Monroe PAO, the HHC orderly room and command sergeants majors' offices throughout the installation and via command email notices. For more information, call Earl Richards at 788-3205.

## Italian memorial ceremony

Maj. Marco Cappa, Italian Army Liaison Officer to TRADOC, welcomes everyone in the Fort Monroe community to their memorial observance, Nov. 2 at Hampton National Cemetery. The ceremony begins at 11 a.m. For more information, call 788-3118.

## German Army Liaison events

Fort Monroe's German Army Liaison Office will host a German Memorial Day ceremony Nov. 13 at Hampton National Cemetery. The observance begins at 11 a.m.

Afterward, the public is invited to a no-host brunch, organized by the Tidewater German-American Society, at the Bay Breeze Community Center. For more information, contact Joe Rodriguez at 875-1610.

Safety Tip

Less daylight hours and unpredictable weather conditions make good defensive driving skills and increased alertness paramount. To reduce your overall chances for an accident or similar tragedy, keep your vehicle in good mechanical repair. Inspect your headlights, taillights and turn signals. Keep your windows clean. Know your route. And plan earlier departures so you can slow down and still arrive on time.

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